

# THE PAVILIONS

*Spa*



SPA MENU



Spa Pleasures are a seamless way of life at The Pavilions. The Pavilions Spa is a peaceful retreat where to indulge with heavenly treatments designed to revive, energize and pamper.

Choose from traditional Thai healing therapies, as well as soothing Western Spa rituals, and rejuvenate with our signature oil blends and beauty products, specially created for The Pavilions.

Guests residing in our Pavilions and Penthouses can also take advantage of in-villa treatments in the privacy of their own Spa room.

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#### HOURS

10am - 8pm daily (Last treatment at 6pm)

#### ADVANCE BOOKINGS

Please dial extension "2" during opening hours or extension "0" after 8pm. We highly recommend booking your treatment in advance to ensure availability at your preferred time.

#### SPA EXPERIENCE

##### *In-villa treatment*

Your therapist will arrive to your villa 15 minutes prior to the scheduled time to prepare the treatment area. Should you be delayed, please note our therapist will adhere to the original booking time.

##### *Treatment at The Pavilions Spa*

Please arrive 15 minutes prior to your treatment, in order to complete your health assessment form and relax in our wellness oasis.

#### PRENATAL TREATMENTS

Massage therapy during pregnancy is a soothing complement to your prenatal care and a healthy way to reduce stress and promote wellbeing. Please contact our expert Spa therapists for a personalized consultation to create a customized wellness ritual. Recommend only for pregnant over 16 weeks.

#### HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries that could affect your Spa experience when making your booking.

#### WHAT TO WEAR

Treatments are meant to be enjoyed without clothing and our therapists will always use the appropriate draping techniques. Upon request, we also have disposable underwear available. For all our Healing Therapies we provide loose fitting clothing.

#### RATES

Prices quoted are in Thai Baht and subject to 10% service charge and 7% VAT.

#### CANCELLATIONS

Less than 4 hours prior to the scheduled time will incur a 50% fee. The full amount applies for cancellation received within 2 hours prior to the treatment or for a no show.

#### GIFT CERTIFICATES

A gift certificate is the ideal present for a true Spa enthusiast. Please contact our Spa Manager at extension 2 for further information on how to reserve your special gift.



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## SIGNATURE PLEASURES

### 1. SCENTSUAL PASSION *2½ hours • THB5,500*

Indulge your senses with our ultimate signature treatment. A **full body scrub** freshly made of golden honey and black sesame seeds gently exfoliates and moisturizes your skin, followed by an **indulgent massage** with soft to medium long flowing movements. Our therapist will use a combination of Western massage techniques with **our exclusive Pavilions' massage oil** to delight in the scentsual experience of our Romance Destination. A **soothing mini facial** completes the treatment, leaving you glowing from top-to-toe.

### 2. THAI SILK *2 hours • THB4,500*

Enjoy a **refreshing mandarin orange scrub** to revive body and senses. Once your skin is silky smooth, **traditional Thai massage** techniques will stretch and manipulate your body with medium to strong pressure to release energy blockages and promote flexibility, leaving you feeling supple and relaxed.

### 3. CHOCOLATE INDULGENCE *2 hours • THB5,000*

Our own blend of crushed raw cocoa beans and almond oil is used for a thorough body exfoliation. The properties of the cocoa plant hydrate skin and restore its natural glow. A **nourishing chocolate body masque** is applied, before cocooning you in a wrap to keep all the goodness close to your skin. Whilst you relax and allow the cocoa beans to work their magic, we will treat you to **an Ayurvedic head massage**. After you showered off the chocolate body masque, we finish off your **treatment with a cocoa massage** using relaxing and sensual strokes.

### 4. ISLAND PARADISE *2 hours • THB4,500*

Inspired by our dreamy island setting, you start with an **exotic coffee scrub**, followed by a **Lomi Lomi massage**, a Hawaiian technique using soft to medium rhythmic palm and elbow strokes all along the body. This treatment is extremely relaxing and detoxifying, leaving your skin intensely nourished.

### 5. YIN & YANG SYMPHONY *1½ hours • THB6,000*

An unusual "treat by two". **Two of our therapists** massage your body in blissful synergy, with soft to strong flowing movements. Experience the unique sensation of four hands moulding body, mind and soul. Choose from **our handpicked essential oils**, according to your individual needs: the "yin" oil invigorates and energizes, while the "yang" oil relaxes and distresses.

### 6. THAI HEAVEN *2½ hours • THB6,500 / 11,000 per couple*

Treat yourself to the ultimate pleasure of Thailand's healing rituals. Begin with a natural remedy of **raw honey and milk based Loofah scrub**. A massage combining ancient and contemporary techniques of **palm, thumb and knuckle pressure** with the harmonizing properties of Virgin coconut oil will relieve stress and balance body & mind. Relax with a platter of exotic Thai fruits and immerse yourself in **an aromatic herbal bath** to complete your heavenly experience.

### 7. LOVE JOURNEY *3 hours • THB7,000 / 12,000 per couple*

Spend quality time together with this treat for two, designed to renew the bond with your loved one. Indulge in three hours of utter relaxation: renew with **a bespoke Sea Salt body scrub** followed by a **relaxing full body massage** to ease away tension and stress. Complete your love journey with **a romantic Floral Milk bath for two** and **a platter of tropical treats** to delight in a moment of pure bliss!

*\*The Thai heaven and Love Journey are only available at The Pavilions Spa.*



## ESSENTIAL OIL MASSAGES

## HEALING THERAPIES

### 8. THE PAVILIONS OIL MASSAGE

*1½ hours • THB4,000*

Our signature massage enhances the benefits of our **exclusive blend of grapefruit, chamomile, lavender and geranium oil** with a combination of Western massage techniques. The long strokes and flowing movements release stress, harmonize and restore energy.

### 9. REVIVE THE SENSES

*1½ hours • THB4,000*

A holistic treatment that speaks to all senses, completed with your choice of **essential oil**. Using a combination of **acupressure techniques**, this soothing and gentle massage allows the healing properties of natural oils to penetrate deep into the skin, promoting an overall sense of well being.

### 10. JET LAG RELIEF

*1½ hours • THB4,000*

The ultimate rebalancing treatment to ease you into the holiday mood! Choose between **slow massage techniques** soothing body and mind to promote healthy sleep patterns, **or a brisk massage** to stimulate circulation, leaving you feeling fully refreshed and revived.

### 11. DEEP TISSUE MASSAGE

*1 hour • THB3,000 /  
1½ hours • THB4,000*

The perfect treatment for those seeking **relief from sore muscles** as a result of sports, stress or injury. The medium to strong pressure and the energizing blend of rosemary and sweet basil oil help release tension and relax the body.

### 12. BACK, SHOULDER & FOOT MASSAGE

*1 hour • THB3,000 /  
1½ hours • THB4,000*

This **therapeutic massage** focuses on back, neck and shoulders. The treatment is designed to ease tension in the areas of the body where **muscle problems** occur most often and culminates in a soothing foot massage.

### 14. FOOT MASSAGE

*1 hours • THB2,000*

This journey of relaxation will start with a **floral foot ritual**, cleans with **Lavender foot scrub**. The massage continues with **acupressure**, where mild pressure is applied to treat pain, discomfort and any tiredness within the feet.

### 15. THAI MASSAGE

*1 hour • THB2,800 / 1½ hours • THB3,500*

A **traditional oil-free massage** based on **Thai techniques** using palm strokes and thumb pressure along the energy lines of the body. Stretching and manipulation releases tension, promoting flexibility and mobility through medium to strong pressure.

### 16. SIAM BLISS

*2 hours • THB4,500*

A restorative healing therapy aimed at soothing and detoxifying body and mind. Traditional medium to strong **Thai massage** techniques are used to ease muscular tension, followed by a **warm compress of natural Thai herbs** to open pores and eliminate toxins, whilst supplying the skin with the restorative properties of ginger, cumin and lemongrass.

### 17. ROMANCING THE STONE

**Heated stones** are used to promote blood circulation and help melt away tension. Your mind will unwind thanks to the combination of slow massage movements and the heat released by the stones. The treatment is completed by a **therapeutic foot reflexology session** to release tension resulting in sole-to-soul satisfaction.

*2 hours • THB6,000*



## BODY TREATMENTS

Our natural body scrubs and wraps, assembled with nature's finest ingredients, will help you to a glowing and healthy complexion.

### 18. BODY SCRUBS

*45 minutes • THB1,500*

#### A. Energizing Sea Salt

Bring your skin to new radiance with your choice of rosemary or lavender infused mineral Spa salts. This uplifting and firming treatment exfoliates the body leaving you perfectly glowing. Suitable for all skin types.

#### B. Calming Green Tea

This scrub is enriched with Shea butter and antioxidant-rich green tea extract, working together to gently remove dead skin cells and deep clean pores to reveal flawlessly fresh skin. Suitable for combination and oily skin types.

### 19. BODY WRAPS

*45 minutes • THB1,500*

#### A. Thai White Mud

Din Sor Pong is nature's answer to most skin problems in Thailand. This 'miracle mud' contains minerals to cleanse and balance the skin while tightening pores. White mud is combined with local herbs to create a therapeutic wrap suitable for combination and oily skin.

#### B. Chocolate Mousse

The creamy chocolate and rich cocoa butter promote a firmer skin and a radiant look. This indulgent chocolate body wrap is both a mood enhancer and a skin moisturizer.

## BATH RITUALS

*30 minutes • THB1,200*

Sink into the restorative bliss of **an aromatherapy bath** and discover the benefits of pure essential oils. Enjoy a couple bath experience or combine the ritual with any other treatment for a holistic Spa Pleasure.

Relax : Lavender, Chamomile

Refresh : Grapefruit, Lavender, Ylang Ylang

Relieve : Mint, Eucalyptus, Rosemary

### 20. HERBAL BATH

Inspired by the healing properties of Thai spices and herbs infused with rosemary essential oil, this exotic ritual rejuvenates and revives body & spirit.

### 21. FLORAL MILK BATH

Enjoy the moisturizing properties of this ancient tradition sprinkled with fresh rose petals and infused with the alluring scent of your favorite essential oil - designed to relax, refresh of relieve.



Combine your favorite **Body Scrub** or **Body Wrap** with one of our **Bath Rituals** to create your very own Spa Pleasure.

*75 minutes • THB2,500*

# FACIAL MASSAGES AND SKIN CARE TREATMENTS

Using 'PANPURI' products

Reveal your true face and soul with our traditional Thai ingredients in pure, natural facial treatments that promote healthy skin and replenish moisture.

## 22. PRESCRIPTION FACIAL 1 hours • THB3,000

This personalised prescription uses a range of products based on **essential oils** and **plant extracts** to detoxify the skin and provide vital nourishment to its deepest layers. Incorporating **soothing massage techniques**, this treatment is as relaxing as it is beautifying and leaves you feeling refreshed and revitalized.

## 23. SKIN REFINING FACIAL WITH BACK MASSAGE 1½ hours • THB4,000

Start off with a **30 minutes back massage** followed by a **balancing facial** to refine and refresh oily and combination skin. After an intense exfoliation, a **deep cleansing mask** is used to remineralize the skin, leaving it looking invigorated and healthy. A **scalp massages** with eucalyptus an arm & hand massage complete this reviving treatment.

## 24. AGE REPAIR FACIAL 1½ hours • THB4,000

A **natural facial** to reduce the signs of ageing without using invasive chemicals. Clear away the stress of everyday life with **our anti-aging Pearl Extract** that moisturizes and tones skin. Minerals and amino acids are absorbed into the skin to stimulate circulation, tighten pores and reduce irritation, leaving your skin deeply purified with a radiant and youthful glow.

## 25. AFTER SUN COOLER 1½ hours • THB3,500

This treatment combines the **healing properties of lavender with chamomile**, to rescue distressed and over exposed skin. **Gentle exfoliation** (optional if skin is sunburnt) prepares the body for an intensive layering of hydrating aloe vera gel and nourishing body cream rich in shea butter. A **hydrating gel mask** is applied to the face while an Ayurvedic scalp massage releases tension.

# HANDS & FEET

Let us pamper you with 'OPI' products designed for the wellbeing and beauty of your hands & feet.

## 26. MANICURE 1 hours • THB1,300

Pamper yourself with a manicure to match your holiday mood! Relax with a calming hand soak and scrub followed by a **rejuvenating serum**. The classic manicure includes **nail and cuticle care**, finished off with a **hands massage** and the nail varnish of your choice.

## 27. PEDICURE 1 hours 15 minutes • THB1,800

A good pedicure does wonders for your feet, making you walk just that little bit taller. Feet are soaked in a **soothing bath**, followed by a **exfoliating scrub**, before applying a **hydrating foot mask** during your nail and cuticle care. The treatment winds up with a relaxing **foot massage** and the nail varnish of your choice.

## 28. MANICURE AND PEDICURE 2½ hours • THB3,000

The best of two worlds - let our therapists ensure your hands and feet feel like new!

## 29. POLISH (HAND OR FEET) 30 minutes • THB500 / 50 minutes • THB800

Your nails are already in perfect shape but you just need some polish to feel fully dressed? Using your choice of **OPI & ZOYA products** our therapists can add that final dash of colour.

## 30. PARAFFIN TREATMENT

Experience the deeply moisturizing benefit of paraffin wax to fight dry skin and promote blood circulation, leaving your hands and feet so soft and supple. Start off with a gentle exfoliation and enjoy a pampering massage before "dipping" into your paraffin treatment.

**A. Hands - 45 minutes • THB1,000**

**B. Feet - 45 minutes • THB1,200**

**C. Hands & feet - 90 minutes • THB2,000**

## WAX-

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|----------------|-----------------------|
| 31. EYEBROWS   | 30 minutes • THB600   |
| 32. UNDER ARMS | 30 minutes • THB800   |
| 33. FULL ARMS  | 45 minutes • THB1,700 |
| 34. HALF LEGS  | 45 minutes • THB1,500 |
| 35. FULL LEGS  | 60 minutes • THB2,200 |
| 36. BIKINI     | 45 minutes • THB1,200 |
| 37. BRAZILIAN  | 60 minutes • THB2,200 |
| 38. HOLLYWOOD  | 60 minutes • THB2,200 |



ENJOY TREATMENT  
AT YOUR PRIVATE SPA ROOM IN VILLA.



## ADVANCE BOOKINGS

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to ensure availability at your preferred time.

THE PAVILIONS  
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